

## How Can DT Help Me to Achieve My Goals?

---

With you directing the process, DSC's team of professionals can help you to identify, develop, and implement a customized service plan that enhances your unique skills and supports your personal aspirations and needs.

Whether you need verbal encouragement, written checklists, picture reminders, hand-over-hand assistance, or other help to participate in our array of social, recreational, educational, fitness, volunteer, or work opportunities, DT can support you in your personal endeavors.

## Occupational Therapy & DT— A Winning Combination

---

Through individualized activity/job analysis, environmental evaluation, ergonomic assessment, customized vocational adaptations/activity modifications, equipment recommendations, and regular therapy sessions, DT's OT Program can help to optimize your work performance, improve your daily living skills and increase your strength, endurance or flexibility.

## Help Us Give Back to Our Community!

---

Join us in serving our community. Each month, in addition to working, learning, and having fun, DT program participants also give back to the community by logging hundreds of hours of volunteer service with organizations throughout Champaign and Ford Counties, including, but not limited to: Peace Meals, Vineyard Church, Salvation Army, Salt and Light, Champaign County Humane Society, and Transitions Re-Sale Shop. Lend a hand and you could be our next Volunteer of the Month!

## How Can I Help DSC Continue Its Work?

---

We welcome your volunteer assistance and contributions. Our staff is available to provide tours or speaking engagements to individuals or groups. Gifts to DSC are far more than tax deductible donations; they are investments in the future of individuals and families in our community.

How can I learn more?  
For referral or more information:

Developmental Services Center  
1304 West Bradley Ave  
Champaign, IL 61821-2035

Phone: (217) 356- 9176  
Fax: (217) 356-9851



# Developmental Training



Developmental Services Center

*Promoting Independence...  
Enriching Lives*



## What is Developmental Training?

Developmental Training (DT) is a day program providing adults with intellectual disabilities a supportive environment in which to enhance or develop functional skills for daily living. DT assists individuals in achieving greater levels of independence, choice, and self-sufficiency through individualized instruction and support in community settings, employment sites, and center-based activities.

### Staff Training and Accreditation

All DT staff members are required to complete Direct Support Professional (DSP) training, encompassing both classroom education and 120 hours of supervised on-the-job training.

DSC's DT Program is certified by the Department of Human Services (DHS).

## What Can DT Provide You?

Our person-centered supports include, but are not limited to:

- Employment/Volunteer Opportunities
- Community Involvement
- Occupational Therapy (OT)
- Exercise/Fitness Support
- Computer Instruction
- Independent Living Skills Training
- Recreational/Leisure/Social Activities
- Educational Opportunities
- Creative Expression/Artistic Outlets
- Personal Care Instruction/Support



## DT~ It's All About YOU!

With you guiding us, DT can customize a plan to support you in achieving your personal goals.

**Do you want to work?** DT can provide you the opportunity to earn a paycheck.

**Do you want to volunteer?** DT can support you in your goal of helping others in our community.

**Are you an actor/performer?** Join our Prompting Theater or Pops Chorus and explore your expressive side.

**Are you a techie?** Take advantage of our Computer Lab to Facebook, watch YouTube, play games, or even learn a new computer skill!

**Are you artistic?** Let your creative spirit shine in our Arts and Crafts area.

**Do you need to get or stay in shape?** Our Certified Occupational Therapy Assistants and state-of-the-art Exercise Room can help you tone, strengthen, build endurance, increase flexibility, or just have fun!