# **SAFETY CARE** FOR FAMILIES

#### WHEN

TUESDAY- May 21, 2019 10:00 A.M - 4:00 P.M

### WHERE

UIUC - Christopher Hall 904 W. Nevada Urbana, IL 61801

#### WHAT

This workshop is designed to provide family members with a basic set of prevention skills for working with individuals who have developmental differences and exhibit challenging behaviors.

Topics will include:

- The ABC's of challenging behavior
- Creating a supporting environment
- Positive interaction strategies
- Avoidance of power struggles
- Identifying triggers and signals
- De-escalation strategies
- Creating a family safety plan
- Safety away from the home

## REGISTER

VISIT www.TAP-Illinois.org/training CALL (217) 953-0894 x30408 EMAIL Jbilbrey@hope.us



# WORKSHOP SCHEDULE

PART 1

(10:00 AM - 12:30 PM) Part 1 will cover essential skills and is designed to give family members a basic set of preventions skills for working with a loved one who exhibits challenging behaviors. If the severity and frequency of the challenging behaviors is not extreme, then Safety Care for Families may be sufficient to meet their needs.

LUNCH (12:30 AM - 1:30 PM)

PART 2

(1:30 PM - 4:00 PM) Part II is the second session of Safety Care for Families course and is designed to provide family members with a basic set of management skills for working with a person who exhibits challenging behavior.